

INTERMEDIATE SKILLS & POSITION: JULY 8-11

advanced skills & position: JULY 12-14

TEAM INSTRUCTIONAL: JULY 15-18

YOUNG MUSTANGS: JULY 22-24

BOYS CAMP: JULY 22-23

# COACHES

The 2019 Mustang Summer Volleyball camps are directed by Terry Culhane, head volleyball coach for the Mustangs. He is assisted by SMSU assistant coaches Tyler Boddy and Paul Soupir along with the Mustang Volleyball team. Other coaches include:

- Dan Westby, head coach for the 2007, 2009, 2011, 2012 & 2013 State Champion and 2014 & 2018 State Runner-Up Marshall Tigers
- Pam Schroeder, Marshall graduate and former NCAA All-America Setter. Assistant Coach at University of Wisconsin-Stout
- Dave Ahmann, former Marshall Tiger head coach from 1974-1984 and 1987-1990. Led the Tiger volleyball team to their first state tournament in 1977.

### CAMP DETAILS

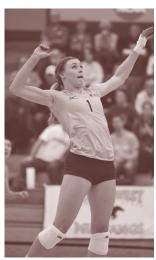
**Distinctive Features:** Campers are grouped according to skill and ability levels. Along with the training, there will be break activities to give campers opportunities to meet new friends and enjoy their experience here at SMSU. Every pre-registered camper will receive a camp t-shirt and volleyball to keep.

Resident Campers: All rooms are air-conditioned! Dorms are suite style, which includes two rooms with an adjoining bathroom. Each suite can house four campers, with two in each room. Rooms do not have refrigerators.

What to Bring: Plenty of playing clothes. toiletries, socks, volleyball shoes, and kneepads. It is also recommended that campers who are staying in the SMSU Residence Halls bring their own linens, towels, pillows, and blankets.

Camp Store: Bring extra money for purchases of SMSU Mustang souvenirs and volleyball attire.

**Injury Prevention: SMSU** camp staff and training room facilities are available for all campers.



Taylor Reiss, SMSU Outside Hitter, 2017 & 2018 AVCA National Player of the Year

## MUSTANG VOLLEYBALL

SMSU Volleyball finished with a 23-49 overall record in 2018, and made its 15th consecutive NCAA Tournament appearance. The Mustangs were in the NSIC Conference Tournament Championship match and finished the season ranked #8 nationally by the American Volleyball Coaches Association (AVCA).



Angela Young, SMSU Outside Hitter

#### COACH REVIEWS

"The SMSU Team Camp has been a summer staple in our program for the past several years. Our players and coaches absolutely love the experience. The instruction, the facilities, and the competition are all top notch. Coach Culhane, his staff and the Mustang players have hit the bullseye with this camp. If you want to see marked improvement in your team, SMSU is the place you want to be in late July."

— Dan Westby, Head Volleyball Coach at Marshall High School (2004, 2007, 2009, 2011, 2012 & 2013 State Champions, 2014 & 2018 State Runner-Up)

"The entire coaching staff is trained to pay attention to details, and they do a fabulous job improving all player's fundamentals. I am constantly impressed with how the training sessions are personalized to meet our team's goals and how they make everyone on the team feel valued."

- Kari Jung, Head Varsity Coach at Warner (SD) High School (2013 & 2014 State Champions, 2015 & 2017 State Runner-Up)



Sarina Smith, SMSU Middle Blocker, 2017 & 2018All-NSIC 2nd Team





#### SKILLS \* POSITION CAMPS

These camps are designed to offer a balance of training between the general skills of the game, and training on the skills for each specific position. In addition to skill and position training, both camps will include contests and team competition.

**Attacker training** will focus on all aspects of attacking including approach, armswing, shot selection,

off-speed and position specific attacks. There will also be work on blocking as well.

Setter training will focus on all aspects of setting from basic footwork, form and technique to advanced concepts including attacking, deception, and emergency skills. Libero training strives to

create master ball-handlers.



Terry Culhane, SMSU Head Coach, All-Time Winningest Head Coach

We will cover every first contact skill from basic passing and setting form to emergency defensive skills like overhand digging, sprawls and extensions.





# INTERMEDIATE SKILLS \* POSITION CAMP

JULY 8-11, GRADES 6-11 (Entering Fall 2019) Check-in July 8, 12:30-1:30pm in RA Facility Monday 1:30-4:30pm, 6:30-9:00pm Tuesday 9:00am-noon, 2:00-5:00pm, 7:00-9:00pm Wednesday 9:00am-noon, 2:00-5:00pm, 7:00-9:00pm Thursday 9:00am-12:30pm

This camp will include a lot of work on the fundamental skills of volleyball, along with covering the foundational concepts in each position training group. It is a great camp to re-establish your basic skills while learning some position concepts that will help you take your game to the next level. All meals included for Resident and Commuter campers.

#### ADVANCED SKILLS \* POSITION CAMP

JULY 12-14, GRADES 8-12 (Entering Fall 2019) Check-in July 12, 12:30-1:30 pm in RA Facility Friday 1:30-4:30pm, 6:30-9:00pm Saturday 9:00am-noon, 2:00-5:00pm, 7:00-9:00pm Sunday 9:00am-noon, 1:30-4:30pm

This camp is for experienced players who are serious about wanting to take their game to a new level. It combines a fast-paced, high-repetition review of the foundational skills of volleyball, balanced with high intensity position-specific training and plenty of competition to create an action-packed camp. All meals included for Resident and Commuter campers.

#### Young mustangs

JULY 22-24, Grade 4-6 & K-3 (Entering Fall 2019)
Grades 4-6: check-in July 22, 8:30am in RA Facility
Monday-Wednesday 9:00am-noon
Grades K-3: check-in July 22, 8:30am
Monday-Wednesday 9:00-10:30am

This camp is a great opportunity for young players to get introduced to the game of volleyball. Each student will be given basic instruction geared toward their level of experience. In addition to learning the skills there will be games and competition daily.

#### TEAM INSTRUCTIONAL

#### **JULY 15-18, VARSITY TEAMS**

A representative can check-in your team Sunday, July 14, 7:00-8:00 pm (Optional)

*Check-in July 15*, 8:00-8:30am Monday 9:00 am-4:30pm, evening 6:30-8:30pm Tuesday 9:00am-4:30pm, evening 6:30-8:30pm Wednesday 9:00am-4:30pm, evening 6:30-8:30pm Thursday 9:00am-2:00pm

This camp has been a huge hit with teams in the past, and coaches speak very highly of it. This varsity camp includes 36 teams from around the Midwest. Teams in attendance have included multiple state tournament participants as well as State Champions. The camp includes skill and position training, team practices run by the SMSU camp staff, and scrimmage sessions during the day. The evening session has also proven to be very popular, offering two hours of additional team competition on Monday, Tuesday, and Wednesday. Coaches are welcome to attend and assist in training free of charge. Help start your 2019 season on the right foot by being a part of this great camp!

#### BOYS CAMP

JULY 22-23, Grades 5-12 (Entering Fall 2019) Check-in July 22, 1:30pm in RA Facility Monday-Tuesday 2:00-4:00pm

This camp is in its second year! This is a great opportunity for boys to learn more about the game of Volleyball. We are looking forward to growing the game for boys in the area!

#### **ONLINE REGISTRATION**

To register online or learn more, visit: www.SMSUvolleyballcamps.com

For additional information:
Tyler.Boddy@SMSU.edu, 507-537-7383
Terry.Culhane@SMSU.edu, 507-537-7125

#### REGISTRATION FORM

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State 2						Zip			
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Advanced Sk			Camp						
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Boys Camp (							\$50		
TOTAL AMO									

If you pay the deposit now, you may pay the balance on the first day of camp.

Make Check Payable to: **SMSU Volleyball Camps SEND TO:** SMSU Volleyball Camps
Business Services, Southwest Minnesota State University
1501 State Street, Marshall, MN 56258

for injuries while the listed student i secure any emergency treatment dee SMSU will not be held responsible fo hospital or doctor fees that are a resi	ructors, or SMSU will not be held responsible attending the camp. I authorize the directors to ned necessary. The camp directors, instructors, or the payment of this emergency treatment. Any lt of camp injury will be the responsibility of the acknowledge the student is physically ready for the
Parent or Guardian Signature	Date

Office Use Only: (Acct 334085)								
Date Received:	Check#:	Amount:						