

1501 State Street Marshall, MN 56258 Return Service Requested



Intermediate Skills & Position: JULY 13-16 Advanced Skills & Position: JULY 17-19 Team Instructional: JULY 20-23 Young Mustangs: JULY 27-29 Boys Camp: JULY 27-28

#### Coaches

The Mustang Summer Volleyball camps are directed by **Terry Culhane,** head volleyball coach for the Mustangs. He is assisted by SMSU assistant coaches Tyler Boddy, Mariah McPartland, and Paul Soupir along with the Mustang Volleyball team.

Other coaches include:

- Dan Westby, head coach for the 2007, 2009, 2011, 2012 & 2013 State Champion and 2014 & 2018 State Runner-Up Marshall Tigers
- **Pam Schroeder**, Marshall graduate and former NCAA All-America Setter. Assistant Coach at University of Wisconsin-Stout
- Dave Ahmann, former Marshall Tiger head coach from 1974-1984 and 1987-1990. Led the Tiger volleyball team to their first state tournament in 1977.

# **Camp Details**

- **Distinctive Features:** Campers are grouped according to skill and ability levels. Along with the training, there will be break activities to give campers opportunities to meet new friends and enjoy their experience here at SMSU. Every pre-registered camper will receive a camp t-shirt and volleyball to keep.
- **Resident Campers:** All rooms are air-conditioned! Dorms are suite style, which includes two rooms with an adjoining bathroom. Each suite can house four campers, with two in each room. Rooms do not have refrigerators. On registration form, you can request 2 or 4 people to room together.
- What to Bring: Plenty of playing clothes, toiletries, socks, volleyball shoes, and kneepads. It is also recommended

that campers who are staying in the SMSU Residence Halls bring their own linens, towels, pillows, and blankets. Camp Store: Bring extra money for purchases of SMSU Mustang souvenirs and vollevball attire. **Injury Prevention:** SMSU camp staff and training room facilities are available for all campers.

Mustang Volleyball

SMSU Volleyball finished with a 18-10 overall record in 2019. The Mustangs finished the season ranked #22 nationally by the American Volleyball Coaches Association (AVCA). SMSU has been ranked in the Top 25 for 189 consecutive polls, dating back to Sept. 5, 2006.



Angela Young, SMSU Outside Hitter

## **Coach Reviews**

"The SMSU Team Camp has been a summer staple in our program for the past several years. Our players and coaches absolutely love the experience. The instruction, the facilities, and the competition are all top notch. Coach Culhane, his staff and the Mustang players have hit the bullseye with this camp. If you want to see marked improvement in your team, SMSU is the place you want to be in late July."

 Dan Westby, Head Volleyball Coach at Marshall High School (2004, 2007, 2009, 2011, 2012 & 2013 State Champions, 2014 & 2018 State Runner-Up)

"The entire coaching staff is trained to pay attention to details, and they do a fabulous job improving all player's fundamentals. I am constantly impressed with how the training sessions are personalized to meet our team's goals and how they make everyone on the team feel valued."

 Kari Jung, Head Varsity Coach at Warner (SD) High School (2013 & 2014 State Champions, 2015 & 2017 State Runner-Up)



Sarina Smith, SMSU Middle Blocker

Meg Schmidt, SMSU Outside Hitter



## Skills + Position Camps

These camps are designed to offer a balance of training between the general skills of the game, and training on the skills for each specific position. In addition to skill and position training, both camps will include contests and team competition.

Attacker training will focus on all aspects of attacking including approach, armswing, shot selection, off-speed and position

specific attacks. There will also be work on blocking as well.

Setter training will focus on all aspects of setting from basic footwork, form and technique to advanced concepts including attacking, deception, and emergency skills.

Terry Culhane, SMSU Head Coach

Libero training strives to All-Time Winningest Head Coach create master ball-handlers.

We will cover every first contact skill from basic passing and setting form to emergency defensive skills like overhand digging, sprawls and extensions.



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#### Intermediate Skills + Position Camp

JULY 13-16, GRADES 6-11 (Entering Fall 2020) Check-in July 13, 12:30-1:30pm in RA Facility Monday 1:30-4:30pm, 6:30-9:00pm Tuesday 9:00am-noon, 2:00-5:00pm, 7:00-9:00pm Wednesday 9:00am-noon, 2:00-5:00pm, 7:00-9:00pm Thursday 9:00am-12:30pm

This camp will include a lot of work on the fundamental skills of volleyball, along with covering the foundational concepts in each position training group. It is a great camp to re-establish your basic skills while learning some position concepts that will help you take your game to the next level. All meals included for Resident and Commuter campers.

#### Advanced Skills + Position Camp

JULY 17-19, GRADES 8-12 (Entering Fall 2020) Check-in July 17, 12:30-1:30 pm in RA Facility Friday 1:30-4:30pm, 6:30-9:00pm Saturday 9:00am-noon, 2:00-5:00pm, 7:00-9:00pm Sunday 9:00am-noon, 1:30-4:30pm

This camp is for experienced players who are serious about wanting to take their game to a new level. It combines a fast-paced, high-repetition review of the foundational skills of volleyball, balanced with high intensity position-specific training and plenty of competition to create an action-packed camp. All meals included for Resident and Commuter campers.

## **Young Mustangs**

**JULY 27-29, Grade 4-6 & K-3** (Entering Fall 2020) Grades 4-6: check-in July 27, 8:30am in RA Facility Monday-Wednesday 9:00am-noon Grades K-3 : check-in July 27, 8:30am Monday-Wednesday 9:00-10:30am

This camp is a great opportunity for young players to get introduced to the game of volleyball. Each student will be given basic instruction geared toward their level of experience. In addition to learning the skills there will be games and competition daily.

## Team Instructional

#### **JULY 20-23, VARSITY TEAMS**

A representative can check-in your team Sunday, July 19, 7:00-8:00 pm (Optional) *Check-in July 20, 8:00-8:30am* Monday 9:00 am-4:30pm, evening 6:30-8:30pm Tuesday 9:00am-4:30pm, evening 6:30-8:30pm Wednesday 9:00am-4:30pm, evening 6:30-8:30pm Thursday 9:00am-2:00pm

This camp has been a huge hit with teams in the past, and coaches speak very highly of it. This varsity camp includes 36 teams from around the Midwest. Teams in attendance have included multiple state tournament participants as well as State Champions. The camp includes skill and position training, team practices run by the SMSU camp staff, and scrimmage sessions during the day. The evening session has also proven to be very popular, offering two hours of additional team competition on Monday, Tuesday, and Wednesday. Coaches are welcome to attend and assist in training free of charge. Help start your season on the right foot by being a part of this great camp!

## **Boys Camp**

JULY 27-28, Grades 5-12 (Entering Fall 2020) Check-in July 27, 1:45pm in RA Facility Monday-Tuesday 2:00-4:00pm

This camp is in its third year! This is a great opportunity for boys to learn more about the game of Volleyball. We are looking forward to growing the game for boys in the area!

#### **ONLINE REGISTRATION**

To register online or learn more, visit: www.SMSUvolleyballcamps.com

For additional information: Tyler.Boddy@SMSU.edu, 507-537-7383 Terry.Culhane@SMSU.edu, 507-537-7125

#### **REGISTRATION FORM**

Camper's Name Age \_\_\_\_\_ Grade (entering Fall 2020) \_\_\_\_\_ Address City\_\_\_\_ State \_\_\_\_\_ Zip\_\_\_\_ \* Please print clearly as your confirmation will be sent via email. Email (required\*)\_\_\_\_\_ Phone Parent(s) **T-shirt size:** (Circle one) Adult Sizes (Gr. 7 and up): S M L XL Sizes for Young Mustangs Campers ONLY (Gr. K-6): YS YM YL S M L XL Position: S OH MB DS RS Roommate Preference: 2 campers to a room. 4 campers to a suite. **SELECT YOUR CAMP(S)!** Full Payment Deposit\* (non-refundable) Young Mustangs I (Gr. 4-6) July 27-29 \_\_\_\_\$80 \_\_\_\_\$50 Young Mustangs II (Gr. K-3) July 27-29 Int. Skills & Position, July 13-16, Resident \_\_\_\_\$345 \_\_\_\_\$100 Int. Skills & Position, July 13-16, Commuter \_\_\_\_\_\$285 \_\_\_\_\$100 Advanced Skills & Position Camp \_\_\_\_\$325 July 17-19, Resident \_\_\_\_\$100 **Advanced Skills & Position Camp** \_\_\_\_\$100 July 17-19, Commuter \$280 Boys Camp (Gr. 5-12) July 27-28 \_\_\_\_\$50 TOTAL AMOUNT PAID (all camps): If you pay the deposit now, you may pay the balance on the first day of camp.

Make Check Payable to: SMSU Volleyball Camps **SEND TO:** *SMSU Volleyball Camps* Business Services, Southwest Minnesota State University 1501 State Street, Marshall, MN 56258

*I* understand the camp directors, instructors, or SMSU will not be held responsible for injuries while the listed student is attending the camp. I authorize the directors to secure any emergency treatment deemed necessary. The camp directors, instructors, or SMSU will not be held responsible for the payment of this emergency treatment. Any hospital or doctor fees that are a result of camp injury will be the responsibility of the parents or camper's guardian. I also acknowledge the student is physically ready for the activity of the camp.

arent or Guardian Signature
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Date

Office Use Only: (Acct 334085) Date Received:\_\_\_\_ Check#:\_\_\_\_ Amount: